

## OUR VISION

**FOR ABORIGINAL PEOPLE TO LIVE  
HEALTHY LIVES ENRICHED BY  
STRONG CULTURE, DIGNITY AND  
JUSTICE AND FOR KATUNGUL'S  
WORK TO BE  
RECOGNISED AS A DRIVING FORCE IN  
ACHIEVING THIS.**

## OUR CORE PURPOSE

**TO PROVIDE HOLISTIC AND  
CULTURALLY APPROPRIATE  
WELLBEING SERVICES FOR AND  
WITH ABORIGINAL COMMUNITIES.  
“ABORIGINAL HEALTH” MEANS NOT  
JUST THE PHYSICAL WELLBEING OF  
AN INDIVIDUAL BUT REFERS TO THE  
SOCIAL, EMOTIONAL AND CULTURAL  
WELLBEING OF THE WHOLE  
COMMUNITY IN WHICH EACH  
INDIVIDUAL IS ABLE TO ACHIEVE  
THEIR FULL POTENTIAL AS A HUMAN  
BEING, THEREBY BRINGING ABOUT  
THE TOTAL WELLBEING OF THEIR  
COMMUNITY. IT IS A WHOLE-OF-LIFE  
VIEW AND INCLUDES THE CYCLICAL  
CONCEPT OF LIFE- DEATH-LIFE”  
(NATIONAL HEALTH & MEDICAL  
RESEARCH COUNCIL DEFINITION).**

**- KOORI HEALTH IN KOORI HANDS -**

# **CONTACT US**

## **BATEMANS BAY**

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BATEMANS BAY NSW 2536  
PHONE: (02) 4488 4050**

## **NAROOMA**

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## **BEGA**

**25 BEGA STREET  
BEGA NSW 2550  
PHONE: (02) 6492 0532**



**KATUNGUL ABORIGINAL CORPORATION  
REGIONAL HEALTH AND COMMUNITY SERVICES  
TOLL FREE: 1800 804 201**

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**@KATUNGUL**



**@KATUNGUL\_ACRHCS**



# **SOCIAL & EMOTIONAL WELLBEING**

**PROVIDING SUPPORT TO THE KOORI PEOPLE  
OF THE NSW FAR SOUTH COAST.**

## WHAT WE PRIORITISE:

1. CONNECTION TO BODY
2. CONNECTION TO MIND AND EMOTIONS
3. CONNECTION TO FAMILY AND KINSHIP
4. CONNECTION TO COMMUNITY
5. CONNECTION TO CULTURE
6. CONNECTION TO COUNTRY (LAND, SEA, AND ENVIRONMENT)
7. CONNECTION TO SPIRITUALITY AND ANCESTORS



## WANT SUPPORT?

CALL US OR COME INTO THE CLINIC  
TO HAVE A YARN WITH STAFF

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## SENDING A REFERRAL?

COMMUNITYINTAKE@KATUNGUL.ORG.AU



**THE SOCIAL  
EMOTIONAL  
WELLBEING (SEWB)  
TEAM OFFERS  
PERSONALISED  
SUPPORT TO  
INDIVIDUALS AND  
FAMILIES TO PROVIDE  
A HOLISTIC APPROACH  
TO HEALING AND  
OVERALL POSITIVE  
WELLBEING.**

**WE USE CULTURALLY  
APPROPRIATE CARE  
AND DISCRETION FOR  
THOSE WANTING TO  
ACCESS THESE  
SERVICES.**

**WE CAN OFFER  
INDIGENOUS WORKERS  
FOR SUPPORT DURING  
YOUR JOURNEY.**



## WHAT CAN WE OFFER?

- **ADVOCACY**
  - **HOUSING ASSISTANCE**
  - **CENTRELINK ASSISTANCE**
  - **NDIS REFERRAL ASSISTANCE**
  - **SOCIAL ASSISTANCE**
  - **LINKS TO SOCIAL WELLNESS NETWORKS**
  - **BASIC COUNSELLING**
  - **INTERNAL AND EXTERNAL REFERRALS**
  - **SCHOOL AND COMMUNITY EDUCATION**
  - **WORKSHOPS**
  - **JOB SEEKERS INFORMATION**
  - **YOUTH SERVICES**
  - **FAMILY SUPPORT**
  - **CULTURAL SUPPORT**
  - **SUPPORT FOR STOLEN GENERATIONS**
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