

WHAT IS CAFS?

Community and Family Support (CAFS) program helps families early before challenges turn into crisis.

The CAFS program is funded by DCJ to walk alongside Aboriginal individuals and families.

WHAT WE DO

We support families by:

- Providing culturally safe, strength-based support
- Helping families build safety, stability and strong relationships
- Supporting parents and children together
- Connecting families to housing, health, legal, financial or cultural supports
- Working at your pace focusing on what matters to you

WHO IS IT FOR?

- Aboriginal adults, parents and families
- People feeling overwhelmed, unsafe or under pressure
- Families wanting support early not just in crisis

Your Rights and Responsibilities

SAFETY

Quality service

Culturally sound & safe

ACCESS

Appropriate and easy to use to meet my needs

RESPECT

Have a choice in how my needs are met

Have my culture and identity recognised and respected

PRIVACY

Have my personal privacy respected

Have information about me and my health kept secure and confidential

GIVE FEEDBACK

Provide feedback or make a complaint about the service I am using without it affecting the way I am treated

Share my experience and participate to improve the quality service

Safe and Strong Families

Community and Family Support



Support For Our Families When Things Feel Heavy

Confidential, voluntary
support for Aboriginal
families at any stage

DAILY CHALLENGES

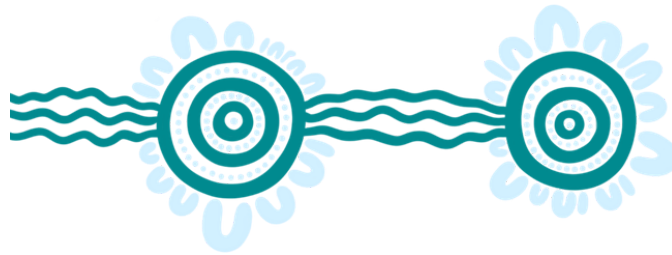
Trying to navigate everyday challenges including:

- Financial Stress
- Housing or Accommodation
- Parenting or Co-parenting
- Family Dynamics

Is stress at home becoming difficult to cope with?

Are you worried about the impact family dynamics are having on your mob?

Early help for a stronger tomorrow.



HOW TO CONNECT

You can self refer or be referred by a service for more information email below.

cafs@katungul.org.au

EMPOWERING OUR MOB

- Building routine and stability in daily life
- Working together in partnership to achieve small daily goals
- Celebrating the sense of accomplishment together

